

THE CHALLENGES OF ADULT VICTIM SEXUAL ASSAULT CASES

Women in Drug Treatment Courts: Sexual Assault as the Underlying Trauma

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*A project of Legal Momentum in cooperation with the National Association of Women Judges

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FACULTY MANUAL

Table of Contents

• Overview.....	1
• Learning Objectives.....	1
• Components of this Module.....	1
• Suggested Uses for this Module.....	2
• Planning the Program.....	2
• Sample Agenda.....	3
• Faculty.....	3
• Interactive Exercise.....	4
• Interactive Video.....	4
• Adapting the Module to Your State.....	4
• Preparing Participant Materials.....	5
• Binder Cover and CD Label.....	6
• Presenting the PowerPoint Presentation.....	6
• Evaluation.....	7
• Technical Support.....	7
• Copyright and Use.....	7

Overview

The treatment of female Drug Court participants is rarely addressed as a stand-alone issue in judicial education programs and trainings for Drug Court professionals. Although women are recognized to be a population that requires gender-specific services, often omitted from judicial education programs is a comprehensive look at women and trauma, and how best to successfully treat substance abusing women who have been victimized by sexual and physical violence. Mentioning that many women who enter Drug Court have histories of sexual violence is not adequate to address the issues that female participants may bring into the courtroom and treatment. Rather, a separate module on women, trauma, and substance abuse and the need for treatment programs that address women's needs is a necessary part of any education program about Drug Courts.

Learning Objectives

Participants will be:

- Knowledgeable about the high rate of substance abuse among women who were sexually abused as children and/or adults
- Knowledgeable about the nexus between sexual abuse, Posttraumatic Stress Disorder (PTSD) and substance abuse
- Knowledgeable about the essential components of a drug treatment program that is effective for traumatized women
- Knowledgeable about the failure rate of women in non-specialized programs
- Able to evaluate the efficacy for women of the drug treatment programs utilized by their court and require these programs to provide the necessary services

Components of this Module

This curriculum includes the following components:

- A PowerPoint presentation with suggested commentary for the faculty and extensive references
- A sample agenda
- An interactive exercise
- Binder cover and CD label

Suggested Uses for this Curriculum

This curriculum can be used as a stand-alone program or integrated into an existing judicial education program.

Examples of programs into which this topic module could be incorporated are:

- Drug Courts
- Child Abuse
- Sexual Assault
- Violence Against Women

Planning the Program

Judges and judicial educators wishing to present this *Women in Drug Treatment Courts* program or to integrate its subject matter into other judicial education programs should plan as follows:

- Determine the time available for conducting the program
- Adapt the material to local law and practice (see “Adapting the Curriculum to Your State” section below)
- Identify an expert on effective drug treatment programs for women to be the lecturer
- Work with this expert to be sure he/she understands how to present the information in a way that is most useful to judges
- Select the judge/moderator for the program
- Decide whether you will use small groups or a large group discussion for the case study exercise. This will depend on the size of your group. If the group is larger than 30-40 judges, we recommend that you divide the group into smaller groups for the discussions
 - If you are going to use small groups, you need to decide whether you will choose small group discussion leaders in advance. If so, you need to identify them

- If you are not going to choose your small group leaders in advance, the Case Study Exercise directions give you a way to choose group leaders quickly, in order to save time
- Ensure that all faculty members are thoroughly familiar with the parts of the curriculum they will present or the discussions they will lead

Sample Agenda

There is one sample agenda which demonstrates how to present this curriculum in 60 minutes. The format includes a lecture portion and an interactive portion.

60 Minute Program

Amount of Time	Activity
35 minutes	PowerPoint Presentation with Q & A
20 minutes	Exercise
5 minutes	Wrap Up and Evaluation

Faculty

Presenter/Moderator: This curriculum is designed to be presented by an expert on treatment programs for substance abusing women with a history of sexual victimization, who delivers the lecture portion of the curriculum. A judge/moderator should introduce the expert, and moderate the case study exercise and the report back. The judge/moderator should be a skilled, experienced judge, well-versed in the challenges of Drug Courts and drug treatment.

Small Group Facilitators: You can either select your small group facilitators ahead of time or choose them at the program.

With Pre-Selected Small Group Facilitators:

- If you pre-select the small group facilitators, meet with them before the program to review the exercise and discussion questions and be sure the exercise is adapted to your jurisdiction
 - Ask them to appoint the person to their immediate left to be the Reporter who takes notes and give the Report Back for the group. This saves time

- Review with them the key elements of leading a small group discussion, such as being sure that everyone speaks and no one person dominates

Without Pre-Selected Small Group Facilitators:

- Assign the facilitator role to the person at each table whose last name begins with the letter closest to A
- Assign the Reporter role to whomever is sitting to the left of the facilitator

Interactive Exercise

This curriculum includes an interactive exercise with accompanying directions and discussion questions.

Interactive Video

Listed at the end of this module as a resource is a video entitled “Healing Neen.” The video is 55 minutes long. If time allows, you may want to show it. This video addresses the fact that a stunning percentage of substance abusers have a history of trauma, and until that trauma is addressed, they cannot overcome their substance abuse. Tonier “Neen” Cain, the focus of the video, was repeatedly beaten and raped in childhood and as an adult. She was convicted 66 times related to her drug addiction; she spent many years without a home and was in despair when finally a therapist treated her underlying trauma in addition to her addiction. “Neen” is now a motivational speaker and an educator on the devastations of trauma. To order a free copy of “Healing Neen,” go to <http://www.healingneen.com/form.html>.

Adapting the Curriculum to Your State

- Determine whether there are any relevant state statutes and whether you want to include them in your handouts
- Determine whether there is relevant case law in your jurisdiction that addresses the issues raised in this program
- Be sure the slides and exercises use the terminology of your state. We have used the term “sexual assault” throughout this curriculum to describe the wide range of sexual crimes. In a few instances, we have used the term “rape.” You may need to modify the terminology to fit your jurisdiction’s statutory scheme

Participant Materials

Place these items in the Participant's Binder:

- Faculty Biographies
- Agenda
- PowerPoint Slides, printed three to a page with room for note taking
- Case Study Exercise
- Your evaluation instrument

Preparing the Participant's Materials

The handouts for the Participant's Binder are available on the CD for this module and on the National Judicial Education Program (NJEP)'s website, www.njep.org. To access materials for this module as well as any of NJEP's other resources, click on "Sexual Assault Resources." On the Sexual Assault Resources page, click on the "Resources Available for Download" link which will direct you to the registration and login page for NJEP's materials for in-person education, where you will find this module. Registration is free and will provide you with a username and password that you will need to gain access to this section of the website.

To print handouts from the CD or the NJEP website:

- Click on the link to the handout you want to print. Clicking the link will download the handout to your computer as a PDF
- Open the downloaded PDF files
- Print and copy the handouts

To print PowerPoint slides as handouts for note-taking:

- Navigate to the Print Menu.
- From the Print Menu select the "Print What" pull-down menu and choose "Handouts"
- From the "Color/Grayscale" menu select "Pure Black and White"
- From the "Slides Per Page" pull-down menu select "3"

Binder Cover and CD Label

This module includes a folder called “Graphics for Reproducing Women in Drug Courts Module.” This folder contains two ready-to-print documents titled “Binder Cover” and “CD Label.” The binder cover and label are intended to be affixed to the binder and CD for this topic module. To print the CD label, purchase Avery CD label paper at an office supply store or online at http://www.avery.com/avery/en_us/. Put the Avery paper into any regular printer, print the label onto it and affix to the CD.

Presenting the PowerPoint Presentation

The lecture portion of this curriculum is contained in a PowerPoint presentation, with suggested commentary for the faculty included in the notes section of the slides. Sources are included on the slides. The PowerPoint presentation is provided on the CD and the National Judicial Education Program’s website www.njep.org.

To present the PowerPoint, navigate to the View menu or tab and click “View Slideshow.” The slide will fill the screen.

- To move to the next slide click your left mouse button, press “Enter” on the keyboard or use the forward arrow key on your keyboard
- To return to a previous slide, press “Backspace” on your key board or use the back arrow on your keyboard
- For more options use the right mouse button or for Mac users press the apple/control key and click your mouse button
- To exit the Slideshow mode press Escape (Esc) on the top left corner of your keyboard

How to Print PowerPoint Slides with Suggested Commentary for the Presenter

To print the slides with suggested commentary for guidance during the presentation follow the steps below:

- Navigate to the Print Menu
- From the Print Menu navigate to the “Print What” pull-down menu and select “Notes Pages”
- Select the “Color/Grayscale” pull-down menu and choose “Pure Black and White”

Evaluation

Evaluation is a critical component of any judicial education program. Because jurisdictions have their own standard evaluation instruments and procedures, we have not included a suggested evaluation form here.

Technical Support

The National Judicial Education Program (NJEP) is available to provide technical assistance to judges and others who are planning programs using these materials. Please contact us if you need technical assistance or have any questions about using this curriculum.

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