There are other, less obvious tactics that can be used in order to enforce power and control over a partner. Physical violence is the most obvious form of teen relationship violence.

**PHYSICAL VIOLENCE**

**ISOLATION/EXTREME JEALOUSY**
- Preventing a partner from using social media to communicate with friends, family, and those who speak her/his language
- Pressuring a partner to detach from social media activity
- Accusing a partner of cheating
- Keeping constant tabs on partner, including through monitoring or interfering with partner's use of technology

**VERBAL ABUSE:**
- Insults, name-calling online
- Threatening partner through text or social media
- Making negative comments about pictures or postings
- Berating partner for not "liking" something quickly enough

**EMOTIONAL ABUSE:**
- Playing mind games/making partner feel "crazy"
- Making unauthorized changes to partner's social media pages
- Embarrassing/humiliating partner through social media

**SEXUAL ABUSE:**
- Coercing partner to send intimate pictures or messages
- Sharing intimate pictures or messages with third parties without consent
- Threatening to release intimate pictures or messages

**MINIMIZING, DENYING, BLAMING:**
- Suggesting behavior is not abusive or serious because it occurred via social media
- Not taking responsibility for abusive behavior
- Making light of the abuse
- Saying victim caused the abuse

**ECONOMIC ABUSE:**
- Pressuring partner to engage in sexual acts, including via the Internet, for abuser's financial gain
- Threatening to withdraw financial support if partner does not obey abuser
- Not allowing partner to go to school/work, or using social media to sabotage his/her work performance or reputation

**POWER AND CONTROL**

**USING PRIVILEGE:**
- Using perceived inequality in the relationship to assert authority
- Using gender, race, or socio-economic status as justification for abuse
- Restricting/withholding access to assistance and/or services for a disability
- Exploiting partner's immigration status

**PEER PRESSURE:**
- Pressuring partner to send intimate photos or share a password because everyone else does it
- Being charming and generous with partner's family/friends, or glamorizing relationship via social media, so people encourage partner to stay in the relationship
- Pressuring partner not to express sexual orientation

**USING CHILDREN AS PAWNS:**
- Using children to relay threatening messages to partner
- Telling children negative things about partner
- Hurting or threatening to hurt children
- Threatening to report partner's children to child welfare or immigration officials

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**LEGAL MOMENTUM**

The Women's Legal Defense and Education Fund